

# One Day One Choir - a simple song or round for Peace

by Jane Hanson and Tom Morley

## ONE DAY ONE CHOIR

A global choral project for peace



You can use this song as a continuous line or interweave the lines in your own way as a kind of round or woven song in 2 or 3 parts. You can also play around with the tempo and rhythms to suit your preferred style. Feel Free to change it to your own language, add clapping, percussion, other instruments or movement too.

1



Lis-ten to the rhy-thm of the beat of your heart,



Lis-ten to the rhy-thm of the beat of your heart. *etc.*

2

Maybe start with this second line as a continuum, or ostinato.



We are the peace, We are the peace, We are the peace, *etc.*

3

These couplet bars can interchange to suit you, going up or down at any point.



One Day One Choir, One Day One Choir. *etc.*

Peace, it does not mean only to be in a place where there is no noise, trouble or hard work; it means to be in the midst of those things and still be calm in your heart.

Feel free to use, sing and share our song on Peace Day, September 21st, as part of the One Day One Choir project.  
For any other use, commercial purposes or recording, please contact us directly at [www.onedayonechoir.org](http://www.onedayonechoir.org).